

JUNIOR ATHLETICS & SWIMMING DEVELOPMENT PROGRAMME

IN PREPARATION FOR

THE HALBERG JUNIOR DISABILITY GAMES

WHAT? 11 weeks | Alternating athletics and swimming | Weekends | Venues across Auckland

With expert coaches, guest appearances from Paralympic athletes and a fun, friendly environment, we're hoping to develop life-long participation amongst our youth generation.

WHO? 8-21 years | Visual and Physical Impairments | Varied abilities

Everyone will be pushed to achieve their potential whether it is early days on your sporting journey or if you're already training and competing regularly.

**WHERE &
WHEN?**

Wednesday 19th July, 5.30-6.30pm, Massey Park, Papakura - Swimming
Sunday 30th July, 2-4pm, AUT Millennium, Rosedale - Athletics
Saturday 5th August, 3-5pm, West Wave Pool, Henderson - Swimming
Sunday 13th August, 2-4pm, Lloyd Elsmore Park, Pakuranga - Athletics
Saturday 19th August, 3-5pm, AUT Millennium, Rosedale - Swimming
Weekend of 26/27th August, Wheelblacks Game & Mystery Session
Sunday 3rd September, 2-4pm, Lovelock Track, Mt Roskill - Athletics
Saturday 9th September, 3-5pm, West Wave Pool, Henderson - Swimming
Sunday 17th September, 2-4pm, AUT Millennium, Rosedale - Athletics
Saturday 23rd September, Parafed Auckland Gym, Otara - Mystery Session
Sunday 1st October, Time TBC, King's College - Athletics and Swimming
6th-8th October, The Halberg Junior Disability Games, King's College

HOW? \$107 programme fee | Payment Plan or Lump Sum | Online registration

Includes: 11 coaching sessions, JDG entry, Wheelblacks game tickets

If you have financial issues then please speak to a member of our team to discuss options available.

To find out more information and to sign up, go to www.parafedauckland.co.nz/jdgp

