



# Sports Survey for Chinese Students

## Four Primary Schools

- Sunnybrae Normal School
- Sunnynook Primary School
- Takapuna Primary School
- Willow Park Primary School

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## **COMMON THEMES THAT EMERGED FROM STUDENT FOCUS GROUPS HELD AT FOUR PRIMARY SCHOOLS**

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In total 73 Chinese students were present at the focus groups and consent was gained from all. Common themes that emerged were:

- After school/weekend activities commonly involved; homework, tutoring lessons, playing musical instruments and sport. Homework, extra tutoring lessons and music were valued as more important than sport.
- Popular sports children played included; swimming, dance, table tennis, golf and badminton. Noticeably the children tended to play individual sports rather than team sports.
- The key influencers on children playing sport are their parents. It appeared that both parents have an influence on their children playing sport. However due to the fathers working long hours or working back in China, the mother appeared to play the main role when making the decisions on the child's commitments.
- Common barriers to playing sport are time, transport and cost. Children have a range of other after school commitments which makes it hard to find time to play sport.
- Schools can help promote sport by offering more lunch time sports. Children would prefer to play sport at lunchtime due to the range of commitments they have after school. Children would like the school to set up equipment during lunch time and have external sports people take sessions offering a variety of sports.
- Sports that the children would like to play/try included: Table Tennis, Badminton, Basketball, Tennis, Martial Arts, Rugby, Netball and Hockey.
- Lack of the English Language. Interestingly it appeared that the children who spoke little English seemed to not be that interested in sport and more focused on homework, whereas in comparison those children who spoke fluent English and had fully transitioned into the Kiwi culture seemed to enjoy and participate in sport a lot more.

## OVERALL RESULTS FROM THE SPORTS SURVEY COMPLETED BY CHINESE STUDENTS AT THE FOUR PRIMARY SCHOOLS

210 surveys were distributed to Chinese students in total in four primary schools (Appendix 1 - Sports Survey). 108 surveys were completed giving a return rate of 51%.

The strongest statistic was that 91% of the children surveyed said they would like to play MORE sport. The sports that they most wanted to play were:

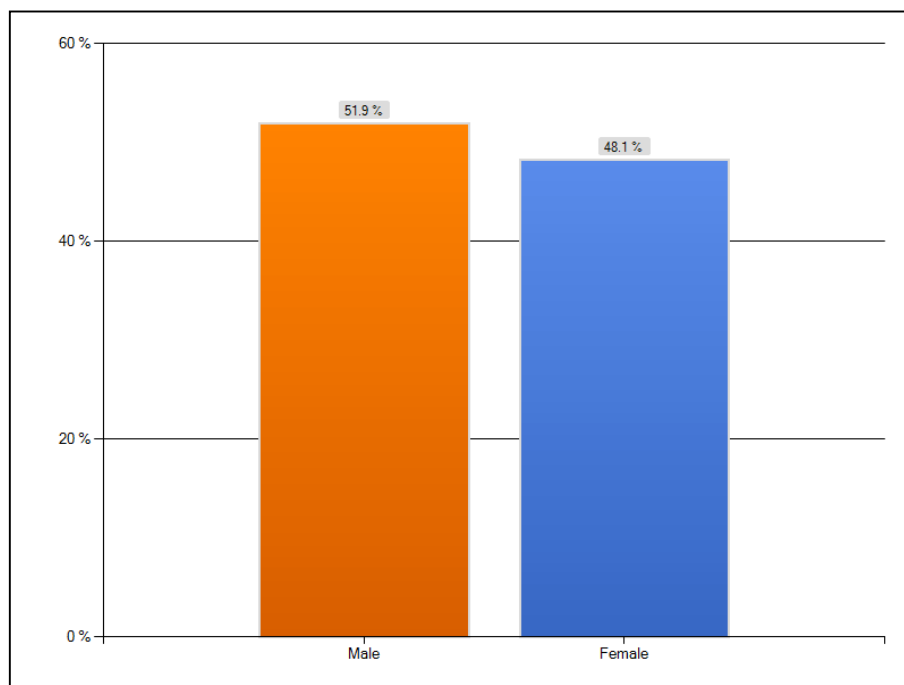
- Table tennis (30%)
- Tennis (24%)
- Badminton (22%)

The sport with that most children participated in was swimming (88%) and it was a popular after-school activity. In total 72% of students played sport after-school and the majority of these participated in swimming. In comparison after-school participation in other sports was much lower.

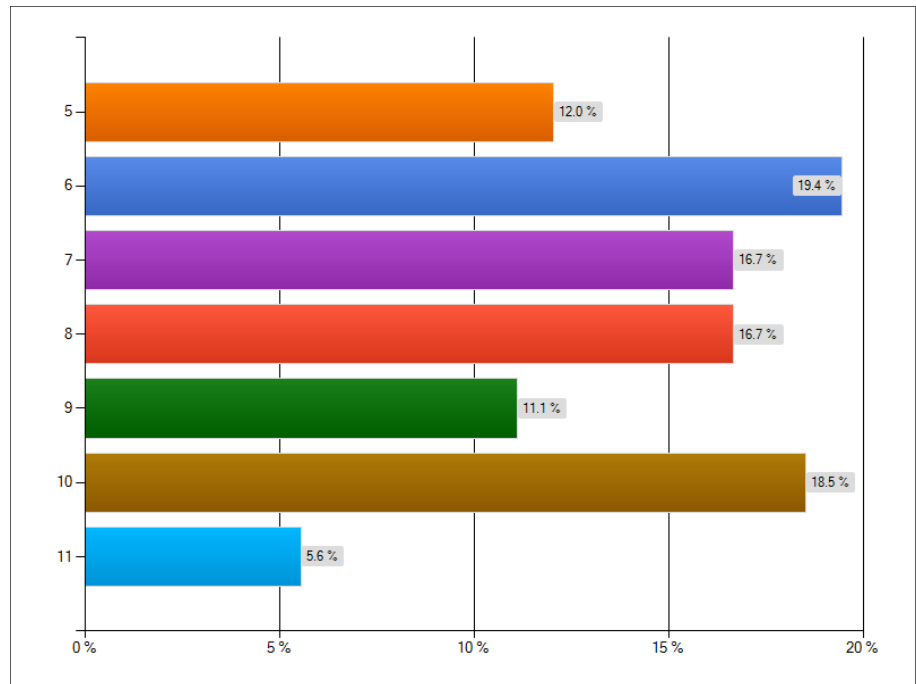
There were gender differences in the level of participation in after-school sport with 82 % of males playing sport outside of school in comparison to only 62% of female students. The barriers to sport across genders were similar. The biggest barriers to sport for Chinese children were that they do other things (45%) and that sport is too expensive (41%).

The results from these surveys are displayed in the graphs below.

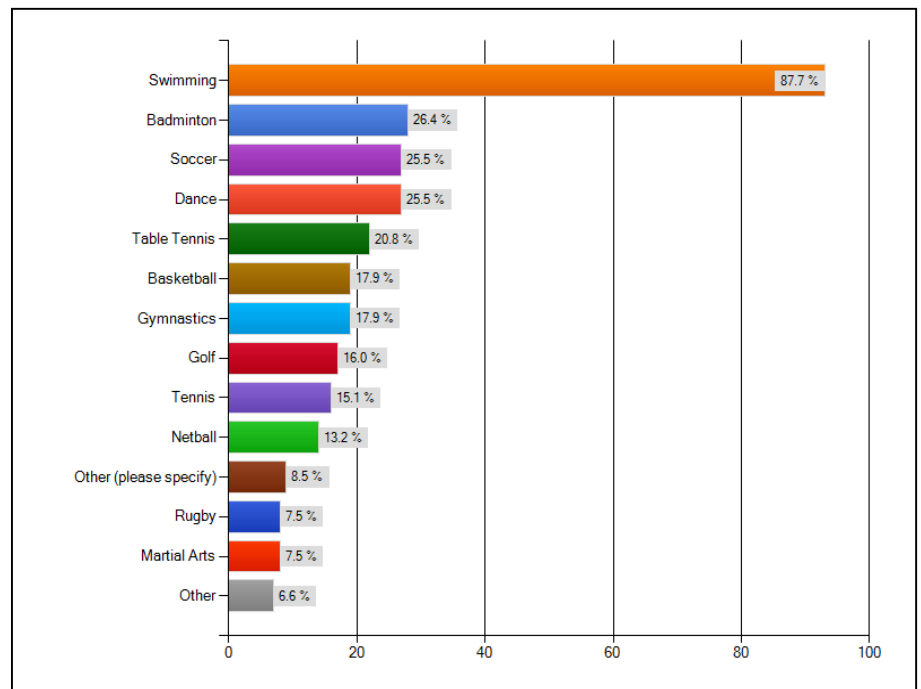
GRAPH 1: Gender



GRAPH 2: Age

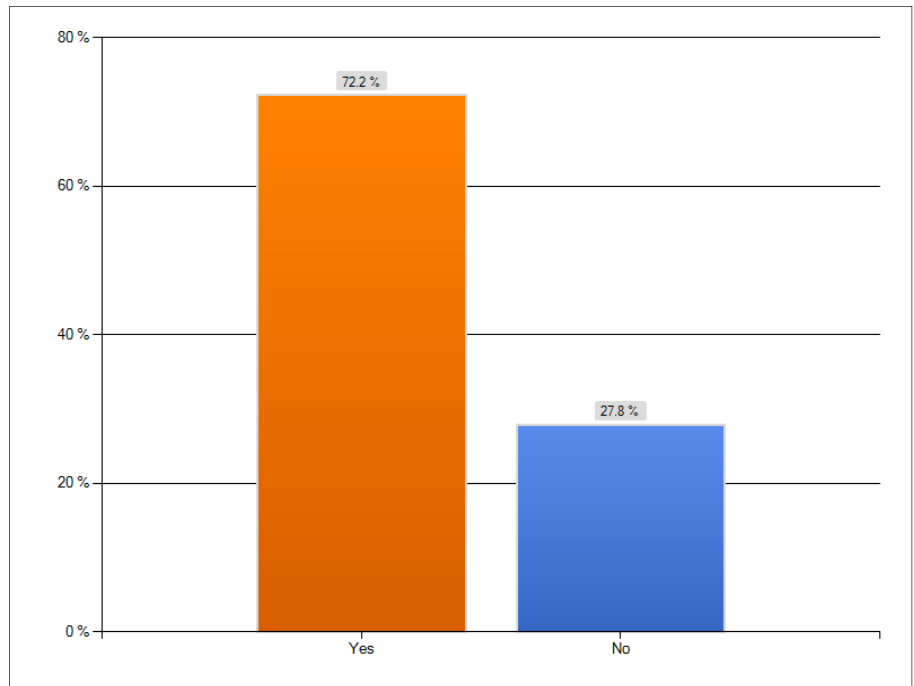


GRAPH 3: Which of these Sports have you played regularly in the last year?

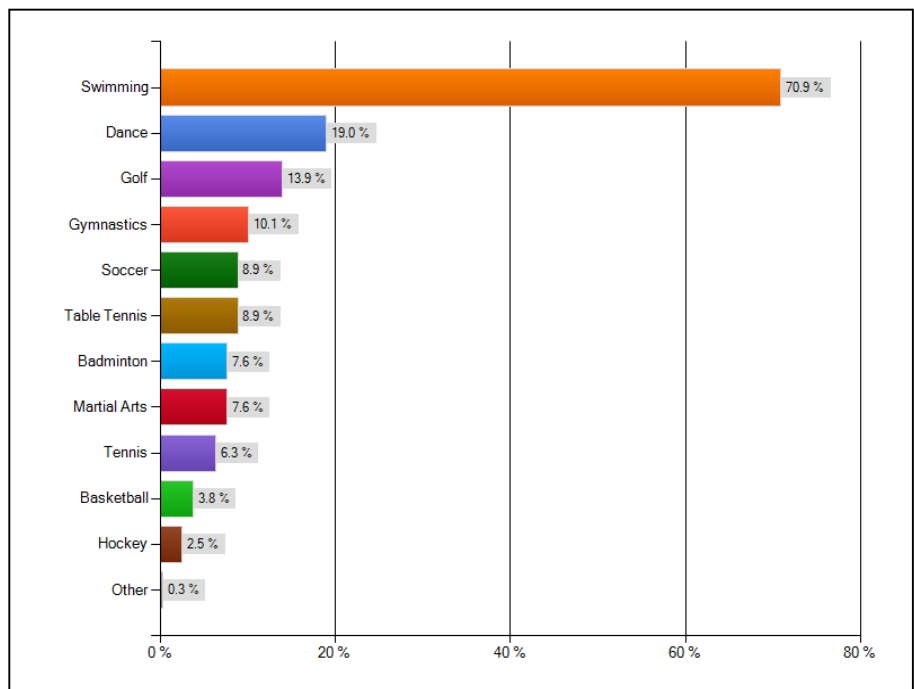


Others: Handball, cross country, cricket, cycling, running and skiing

GRAPH 4: Do you play Sport outside of school?  
E.g. Swim Club, Soccer Club etc.

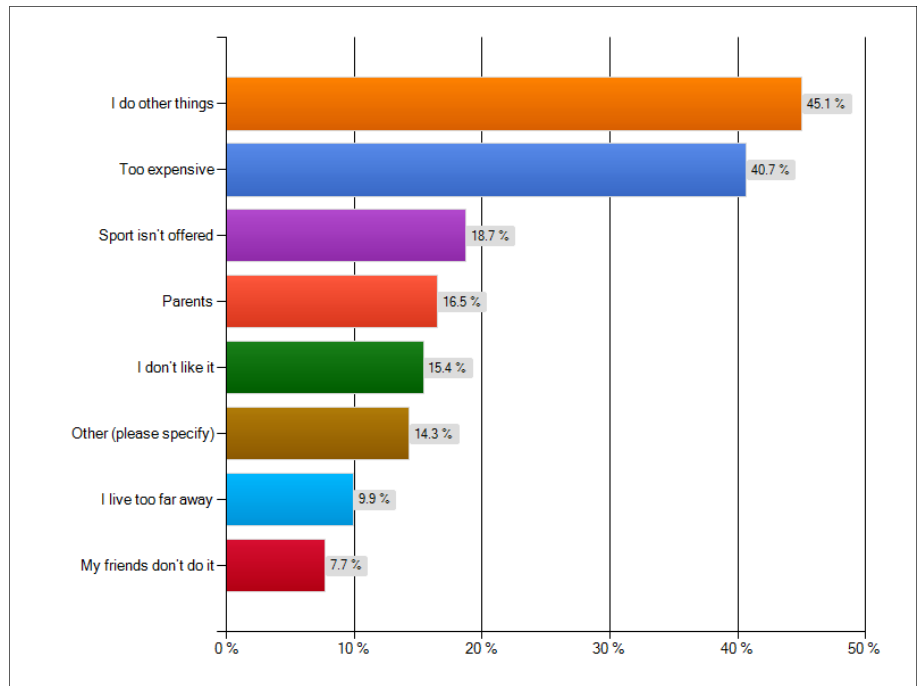


GRAPH 5: If yes, what Sport or Sports do you play outside school?



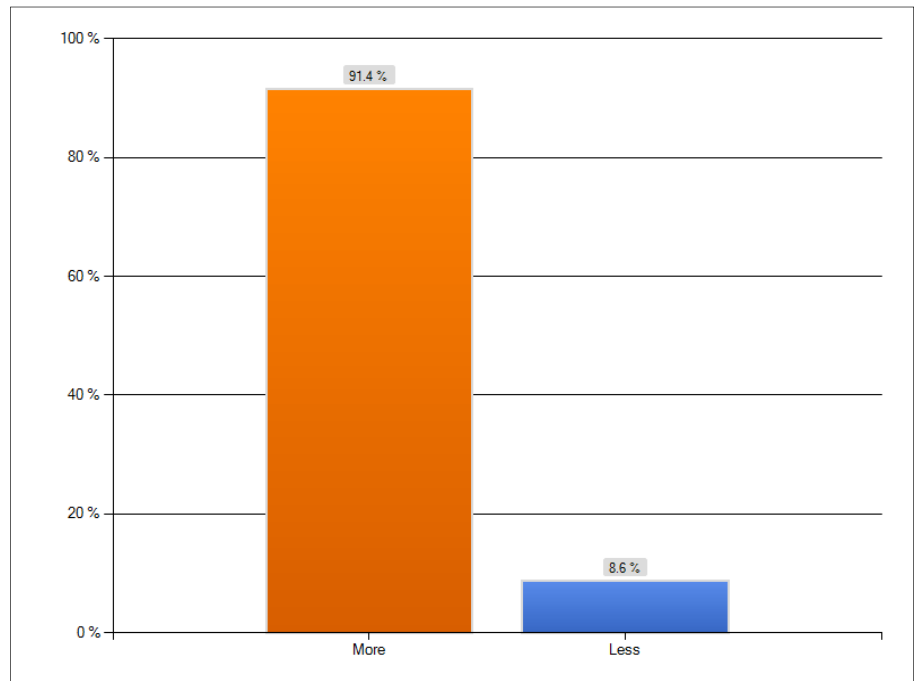
Others: Flippaball and handball

GRAPH 6: What STOPS you from playing sport?

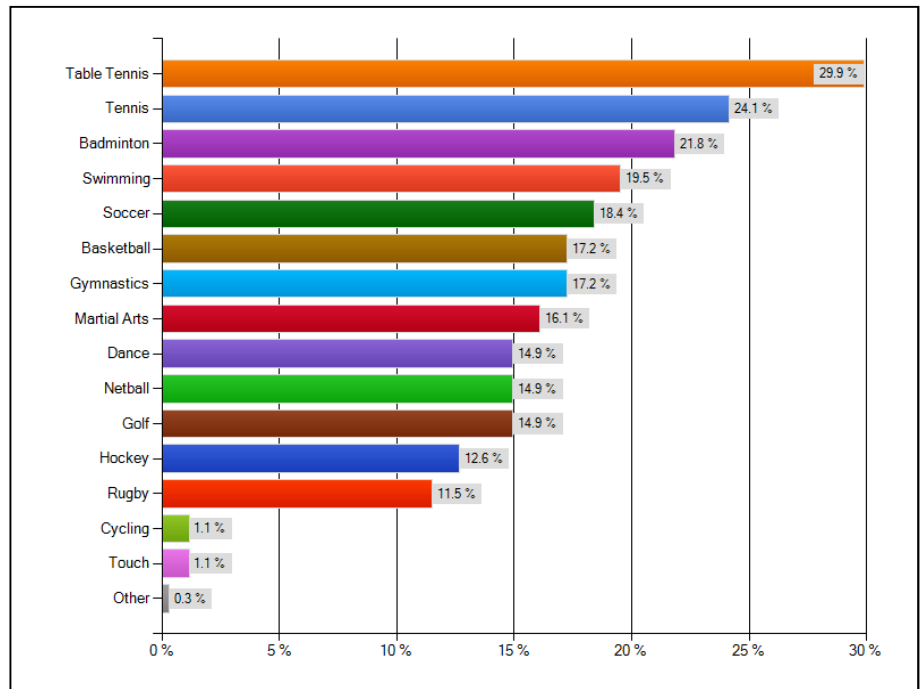


*Others: Parents not having enough time, parents being too busy to take them, students having no time, no suitable programme being available, time arrangements, nobody to take them, not being sent emails and wearing glasses.*

GRAPH 7: Would you like to play more or less sport?



GRAPH 8: If you could play more sport, what would you like to play in the future?



Others: Cricket, sailing, trampoline, volleyball and snooker.



## OVERALL GENDER DIFFERENCES

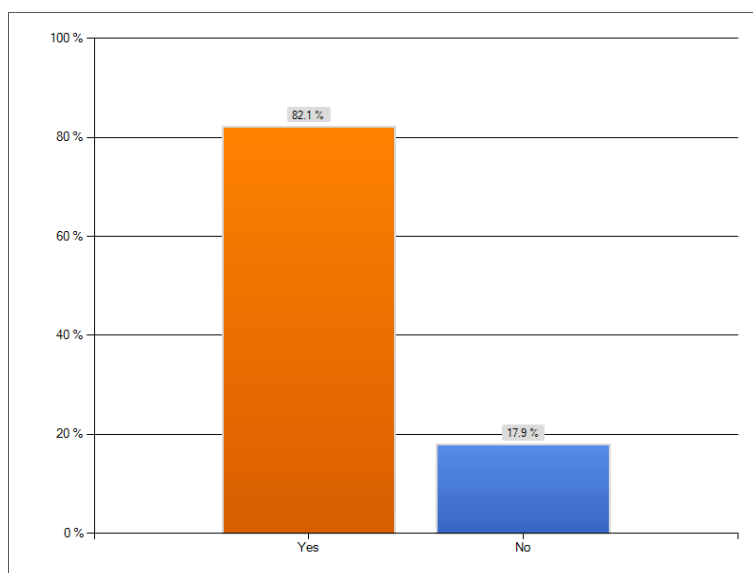
The most significant gender differences were that a larger percentage of males (82%) played sport outside of school compared to females (62%).

Swimming is the most popular sport for both males and females and is commonly participated in outside of school. There were gender differences regarding other sporting preferences. Golf, soccer and table tennis were popular sports for males and dance and gymnastics were popular sports for females.

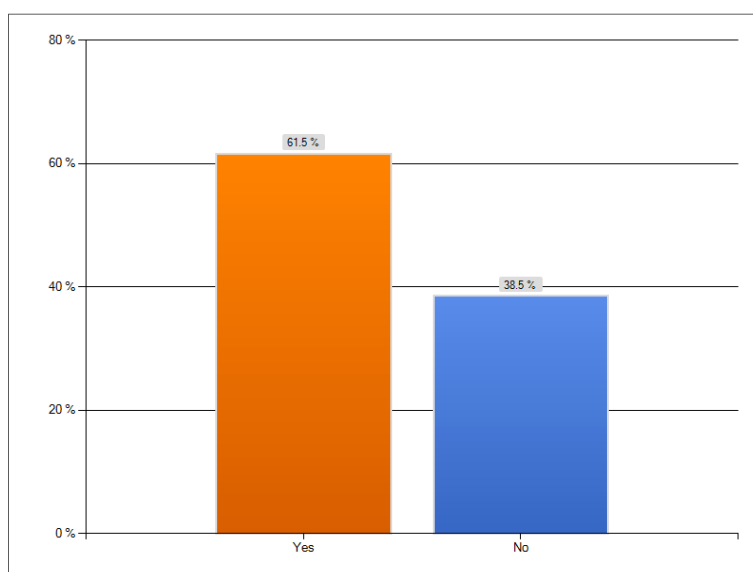
If they could play more sport, the top sports male students would play are table tennis (38%), closely followed by soccer (30%) and tennis (28%). However less than 40% of these males had played these sports regularly in the last year and very few played these sports outside of school.

Females would like to play more gymnastics (35%) and netball (30%). The results show that nearly a quarter of females have played netball regularly in the last year, however nobody reported that they played outside of school. Alongside swimming, dance and gymnastics were sports that were more commonly done afterschool.

Number of males involved in sport outside of school.

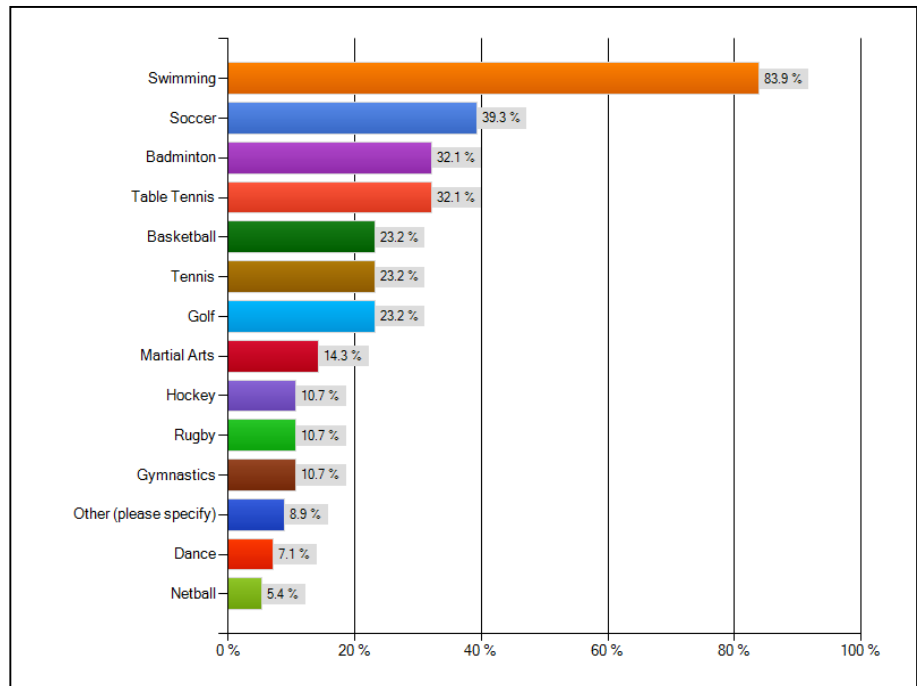


Number of females involved in sport outside of school.



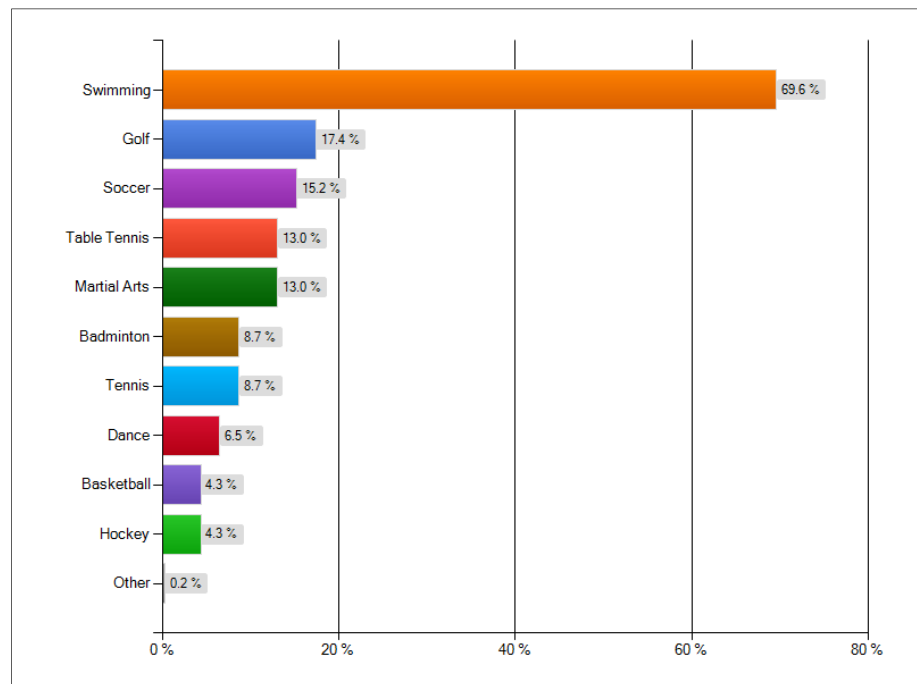
## OVERALL GENDER BREAKDOWN - MALE SPORT

Sports played regularly by males in the last year.



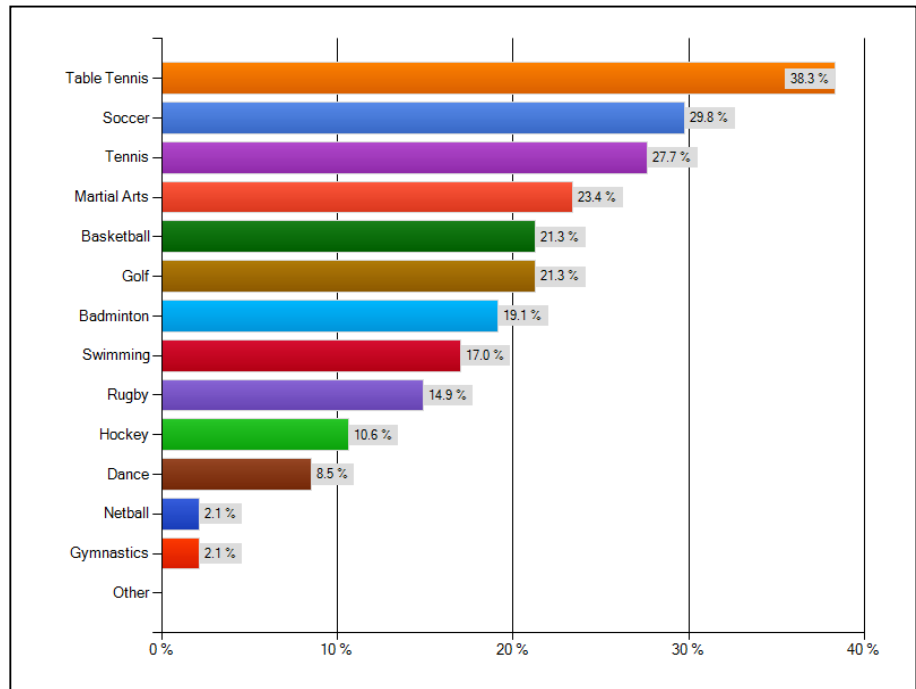
Others: Cricket, cycling, running, handball and skiing

Sports played outside of school by males



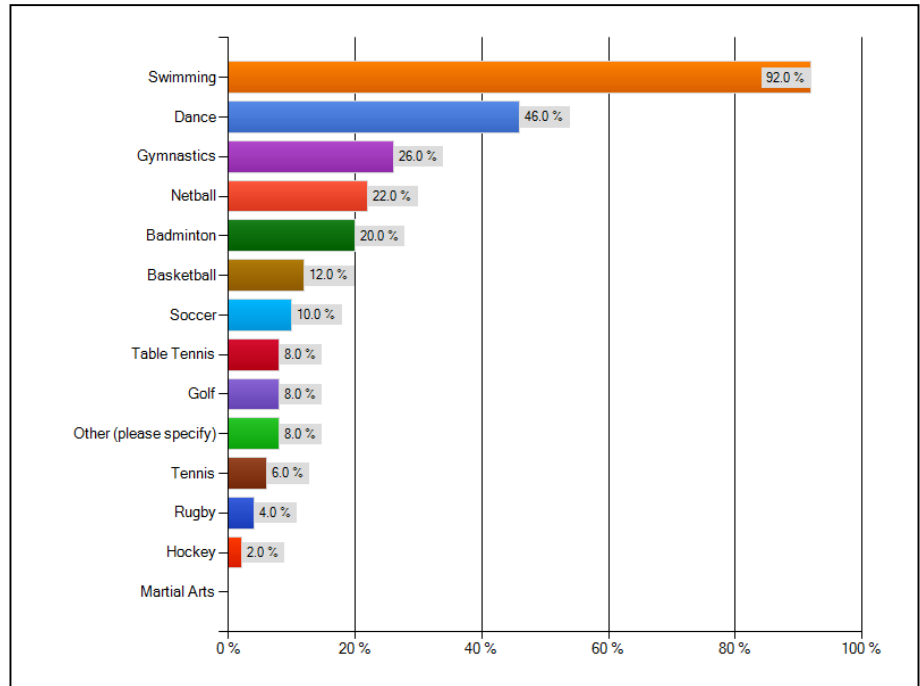
Other: Flippaball

Sports males would like to play more



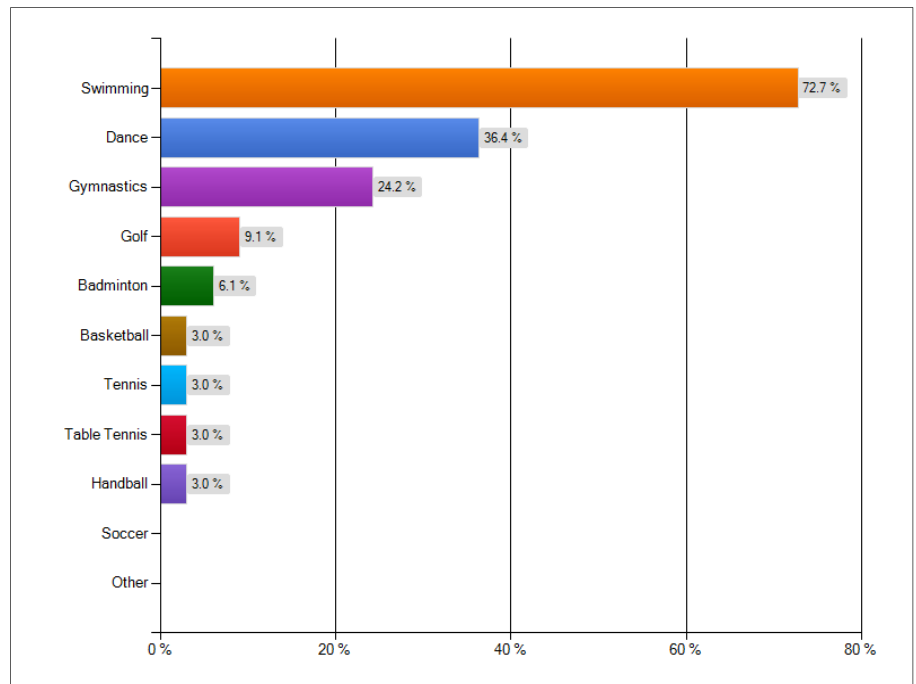
## OVERALL GENDER BREAKDOWN - FEMALE SPORT

Sports played regularly by females in the last year

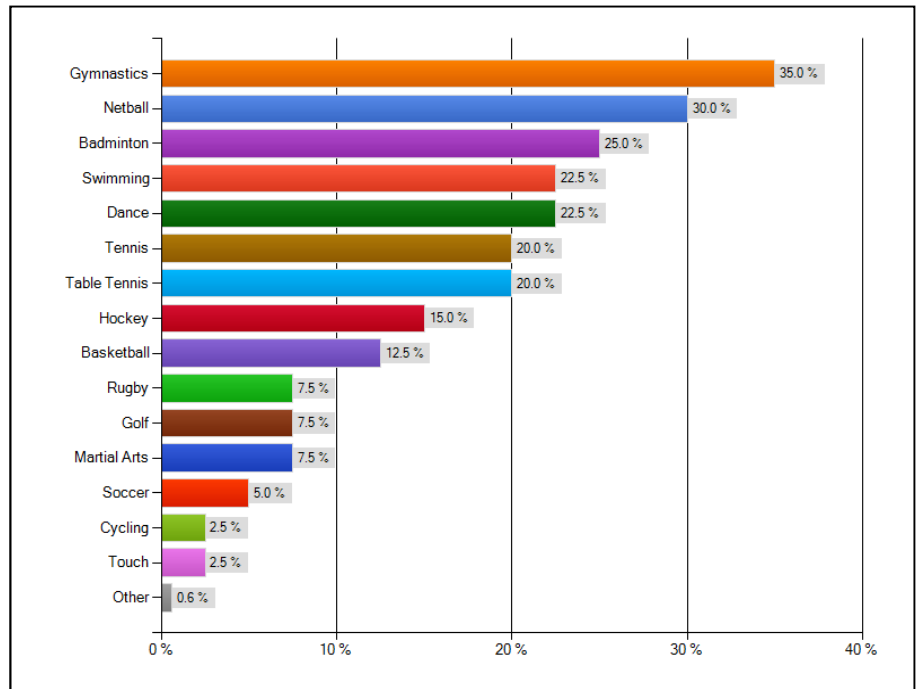


Others: Running, cross country, cycling and handball

Sports played outside of school by females



Sports females would like to play more of



*Other: Handball*

# APPENDIX 1 – SPORTS SURVEY

SCHOOL: \_\_\_\_\_

GENDER: MALE  FEMALE  (tick)

AGE: \_\_\_\_\_ years

1. Which of these Sports have you played in the last year regularly? (Circle the pictures)



SOCCER



SWIMMING



BADMINTON



BASKETBALL



DANCE



NETBALL



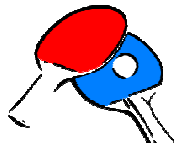
HOCKEY



JUDO



TENNIS



BADMINTON



GOLF



GYMNASTICS



MARTIAL ARTS

OTHER \_\_\_\_\_

3. Do you play Sport outside of school? E.g. Swim club, Soccer club (tick)

YES  NO

➤ If YES what sport or sports \_\_\_\_\_

4. What **STOPS** you from playing sport? (Can tick more than one)

Too expensive

Sport isn't offered

My friends don't do it

Parents

I live too far away

I do other things

I don't like it

Other \_\_\_\_\_

5. Would you like to play more or less Sport? (Circle)



MORE



LESS

6. If you could play more sport, what would you like to play in the future?

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