



North Harbour Asian Community Data

Prepared by Harbour Sport's ActivAsian Team

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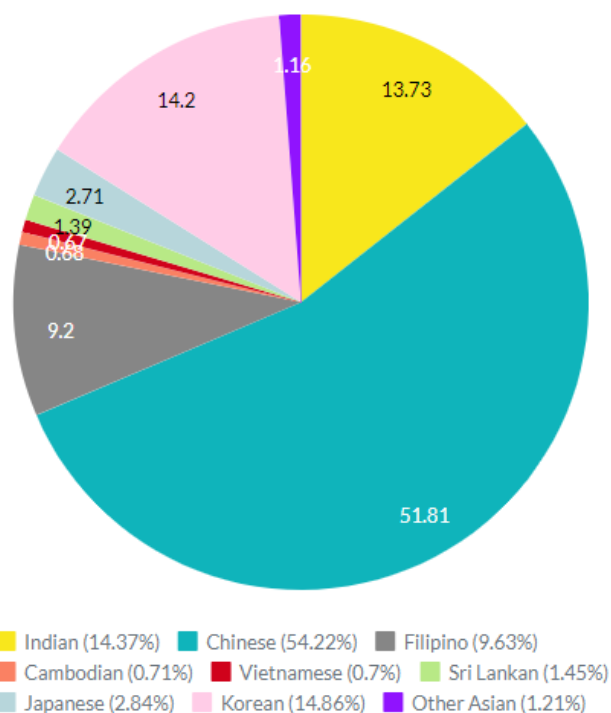
POPULATION FACTS

North Harbour Population

- According to the 2018 Census, 23.6% of the North Harbour* population identify themselves with an Asian ethnicity. Out of the total population of 379,512 in the region, 89,601 people are of an Asian descent – 23.6% compared to the national average of 15.1%
- 51.8% of North Harbour’s Asian population are Chinese, making it the largest Asian group with over 46,000 people. This is followed by Koreans at 14.2% (12,726 people) and Indians at 13.7% (12,294 people).

*Data extracted from the five Local Boards that Harbour Sport operate within (Kaipātiki Local Board, Upper Harbour Local Board, Devonport-Takapuna Local Board, Hibiscus and Bays Local Board and Rodney Local Board)

North Harbour Asian Population



Asian population by Local Board (2018)

Local Board	Total population	Percentage of Asian population
Rodney	3,756	5.7
Hibiscus and Bays	16,626	16.0
Upper Harbour	24,867	39.6
Kaipātiki	29,034	32.9
Devonport-Takapuna	15,249	26.3

Growing Asian population in Auckland

At the 2018 Census there were 442,671 usual residents in Auckland who identified with an Asian ethnicity (28.2% of Auckland's population). This is an increase of 135,447 people, or 44.1%, since the 2013 Census. The Asian population has grown more rapidly than the wider Auckland population.

Over two thirds of New Zealand's Chinese, Indian and Korean populations live in Auckland, compared to a quarter (25.5%) of those who identify as European.

The Asian ethnic group is diverse

Over a third (36.0%) of the Auckland Asian population identified as Chinese and 32.3% as Indian. A smaller proportion (7.4%) identified as Filipino and a further 5.7% as Korean.

Auckland's Asian population has a high proportion of young adults

Almost a third (31.9%) of the Asian population in Auckland was aged between 25 and 39 years, up from 27.5% in 2013. However in 2018, a relatively small proportion (7.1% - 31,356 people) were aged 65 years or older. The 65.8% growth rate in this age group between 2013 and 2018 is significantly faster than that of the Asian population overall (44.1%).

For more details on Asian population in Auckland, please visit:

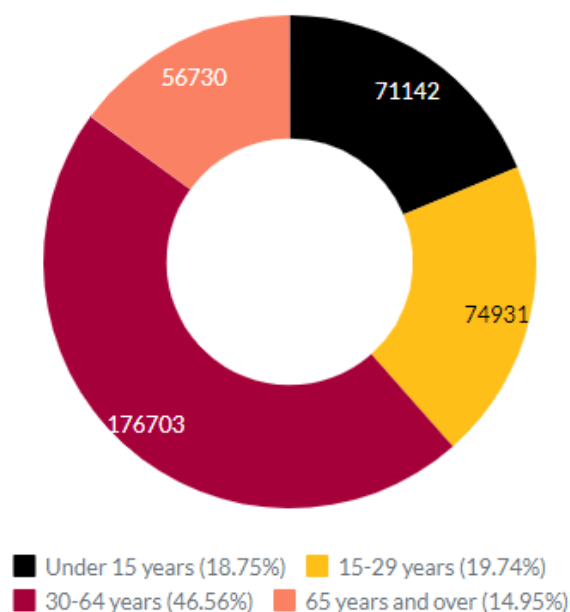
<https://knowledgeauckland.org.nz/media/1443/asian-people-2018-census-info-sheet.pdf>

North Harbour Asian Population – Age Group*

- 46.6% of Asians in North Harbour are between 30-64 years old, with over 176,700 Asian people – 11.6% increase since 2013 Census
- 56,730 people residing within the North Harbour area are 65 years old or older

**Data extracted from the 2018 Census*

North Harbour Asian Population by Age Group



2018 CENSUS NORTH HARBOUR REGION – POPULATION BY ETHNIC GROUP

The top 3 local board area with the **highest** percentage of Asian population in North Harbour are:

1. Upper Harbour Local Board 39.6%
2. Kaipātiki Local Board 32.9%
3. Devonport-Takapuna Local Board 26.3%

Local Board	Population	European	Māori	Pacific Peoples	Asian	Middle Eastern/Latin American/African (MELAA)	Other ethnicity
Rodney	Total	59013	7551	2340	3756	450	822
	%	88.9	11.4	3.5	5.7	0.7	1.2
Hibiscus and Bays	Total	84057	6735	2205	16626	1551	1206
	%	80.8	6.5	2.1	16	1.5	1.2
Upper Harbour	Total	34746	3210	1530	24867	1887	897
	%	55.3	5.1	2.4	39.6	3	1.4
Kaipātiki	Total	51633	7680	5379	29034	2718	1149
	%	58.5	8.7	6.1	32.9	3.1	1.3
Devonport-Takapuna	Total	40152	3192	1443	15249	1476	681
	%	69.3	5.5	2.5	26.3	2.5	1.2

2018 CENSUS NORTH HARBOUR REGION – ASIAN ETHNIC GROUP % BY AREA

Among all five Local Boards in the North Harbour region, the Asian population is composed mostly by Chinese, Korean and Indian:

- Rodney Local Board (46.1%, 7.6% and 25.3%)
- Hibiscus and Bays Local Board (59.4%, 12.3% and 11.8%)
- Upper Harbour Local Board (59.5%, 17.3% and 10.9%)
- Kaipātiki Local Board (42.5%, 10.9% and 16.8%)
- Devonport-Takapuna Local Board (50.0%, 19.2% and 11.8%)

Local Board	Ethnic group	Chinese	Korean	Indian	Filipino
Rodney	Total	1731	285	951	249
	%	46.1	7.6	25.3	6.6
Hibiscus and Bays	Total	9882	2043	1968	954
	%	59.4	12.3	11.8	5.7
Upper Harbour	Total	14805	4311	2700	1170
	%	59.5	17.3	10.9	4.7
Kaipatiki	Total	12351	3159	4878	4743
	%	42.5	10.9	16.8	16.3
Devonport-Takapuna	Total	7620	2928	1797	1122
	%	50.0	19.2	11.8	7.3

PHYSICAL ACTIVITY LEVEL – ASIAN POPULATION (NATIONAL)

The Active NZ Survey 2019 has found that Asian people* continue to participate less than other adults.

- Young and adult Asian have lower levels of weekly participation and spend less time being physically active
- Young Asian spend the least time being physically active
- Young Asian spend less time in organised (3.2 hours compared with 4.6 hours) and informal participation per week (4.4 hours compared with 6.5 hours). They spend less time playing or hanging out with family or friends (2.7 hours compared with 4.3 hours)
- Asian adult females have lower levels of weekly participation than Asian males

**Asian (including Indian and Chinese)*

Interestingly, the Active NZ Survey 2018 also indicated that:

- Young Asian want to increase their participation more than all children and young people
- Adult Asian want to increase their participation more than all adults.

These findings indicated that there is an interest among the Asian population to increase their physical participation, hence by improving the sport and recreation sector's cultural competency and ethnic engagement, more Asian people will be encouraged and supported to increase their participation in play, active recreation and sport.

In conjunction with the statistics provided above, The Active NZ's Spotlight on the Impact of Deprivation on Participation (August 2019) reported that:

- Young Asian are less likely to participate for fun (65% compared with 76%) or to hang out with family or friends (34% compared with 44%) and more likely to participate to learn or practice a new skill (36% compared with 32%)
- Asian adults are also less likely to participate for emotional wellbeing (20% compared with 28%) and are more likely to participate to lose or maintain weight (21% compared with 17%). This is particularly the case for Indian (25%) compared with all adult participants.

PHYSICAL ACTIVITY LEVEL – ASIAN POPULATION (AUCKLAND - CHINESE)

The Chinese population in Auckland, the largest Asian subgroup in Auckland is used in the following example to showcase the physical activity level amongst Asian community.

According to the [Active NZ Survey 2019's Auckland Regional Table](#):

Chinese Children and Young People in Auckland

- 93% are physically active in any given week
- Average 6.9 hours of physical activity each week (significantly less than total young people in Auckland of average 9.8 hours)
 - Chinese Males average 7.5 hours of physical activity each week
 - Chinese Females average 6.4 hours of physical activity each week
- Average of 3.9 activities each week (significantly less than total young people in Auckland of 4.9 activities)
 - Chinese males average 4.3 activities each week
 - Chinese females average 3.6 activities each week
- Significantly less likely to participate in organised physical activity than total young people in Auckland in any given week (69% compared with 81%)
- Less likely to participate in informal physical activity than total young people in Auckland in any given week (76% compared with 82%)
- **More likely to compete in non-competitive sports and activities than competitive**
- Have significantly more barriers than total (average 3.6 compared with 2.6)
- Chinese children & young people more likely to say:
 - I'm too tired/don't have the energy
 - It's too hard to motivate myself
 - I have no one to do it with
 - My parents want me to focus on my schoolwork / other activities
 - Too hard to get to training, games or competitions
 - I'm not fit enough
 - My friends aren't physically active
 - Significantly less likely to say:
 - I already do a good amount of physical activity

Chinese Adults in Auckland

- 66% are active each week (significantly less than total adults in Auckland of 73%)
- Chinese females are significantly less active than Chinese males (58% compared with 74%)
 - Average hours of physical activity in last seven days (significantly less than total adults in Auckland of 4.9 hours)
- 1.7 average activities in last seven days (significantly less than total adults in Auckland of 2.2)
- Chinese adults more likely to say:
 - I am too tired or don't have the energy
 - I prefer to spend my time on other interests / hobbies
 - The activity of my choice is too expensive
 - The activity of my choice doesn't fit my routine
 - There are no appropriate facilities or places conveniently located to do what I want to do
 - I haven't got the skills / don't know how to

- I am not interested in sport or physical activity

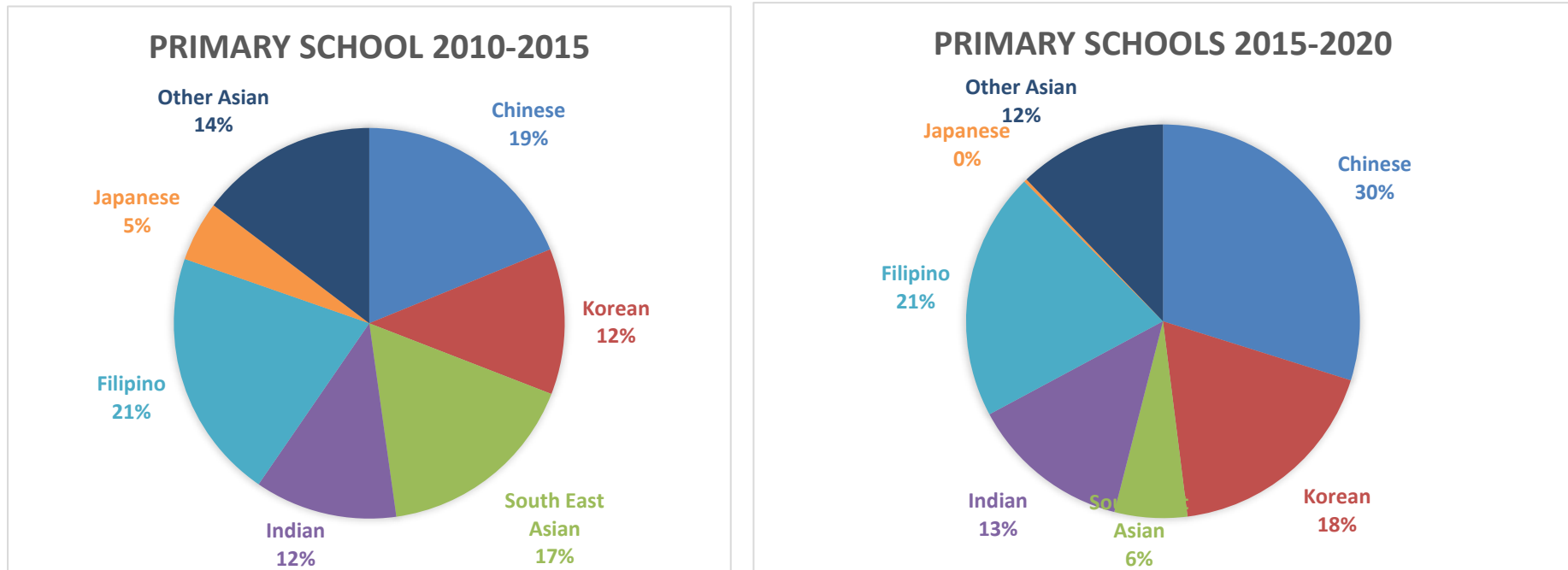
Table 1: Chinese Children and Young People in Auckland

	Total	Chinese	Chinese males	Chinese females
Physically active in last 7 days	94%	93%	93%	93%
Average hours of physical	9.8	6.9	7.5	6.4
Average activities	3.9	4.9	4.3	3.6

Table 2: Chinese Adults in Auckland

	Total	Chinese	Chinese males	Chinese females
Physically active in last 7 days	73%	66%	74%	58%
Average hours of physical	4.9	3.5	4.0	3.1
Average activities	2.2	1.7	1.9	1.6

ASIAN DIVERSITY OF NORTH HARBOUR SCHOOLS BY ETHNIC GROUP – ERO REPORT STATISTICS

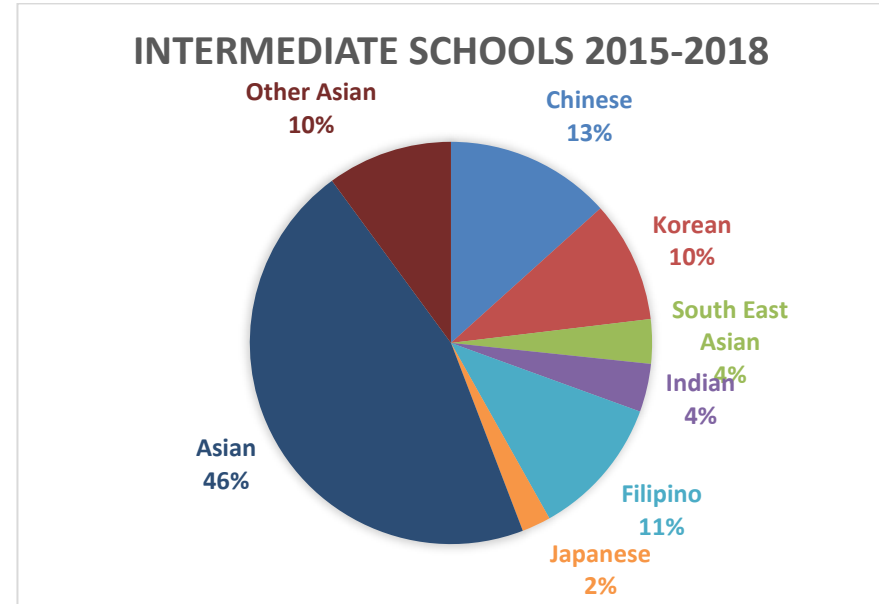
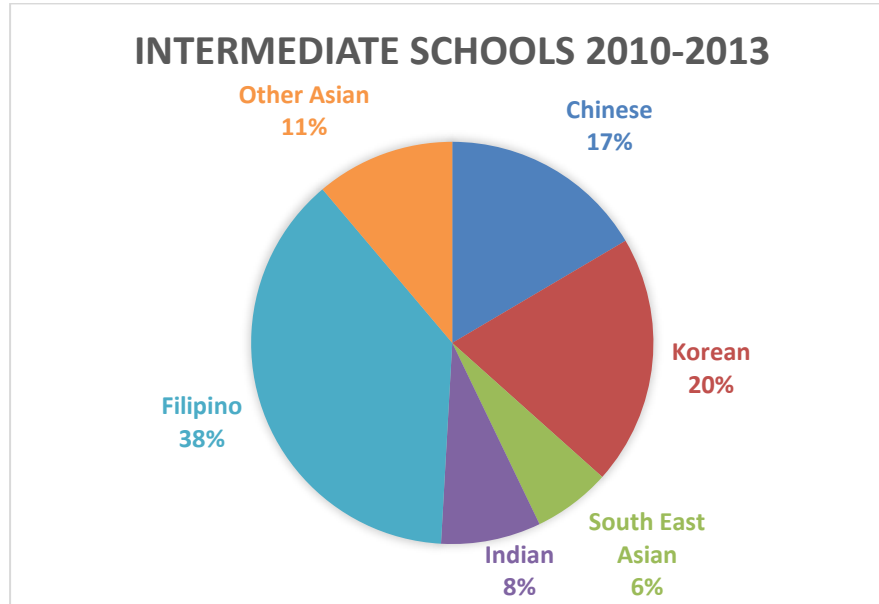


The percentages may exceed 100% as people could identify themselves with than one ethnicity

The [Education Review Office](#) data above provides brief insights on the percentage of Asian community and changes across Asian community groups in Primary Schools in the North Harbour region.

- There has been an immense increase on the population of Chinese students between 2010-2015 and 2015-2020 .
- The four dominant Asian ethnic groups (Chinese, Korean, Indian and Filipino) in North Harbour are clearly represented in the latest data with 82% (Year 2015-2020).

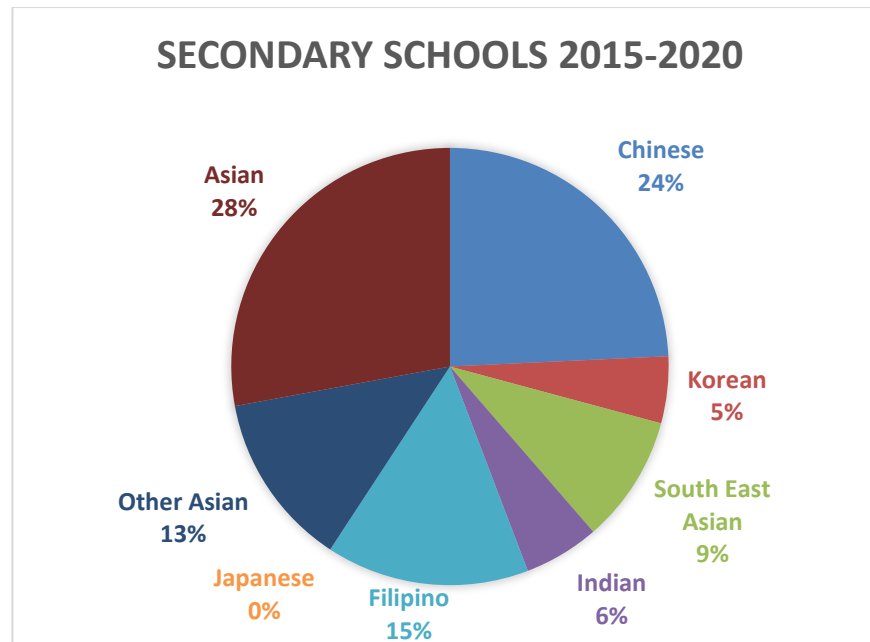
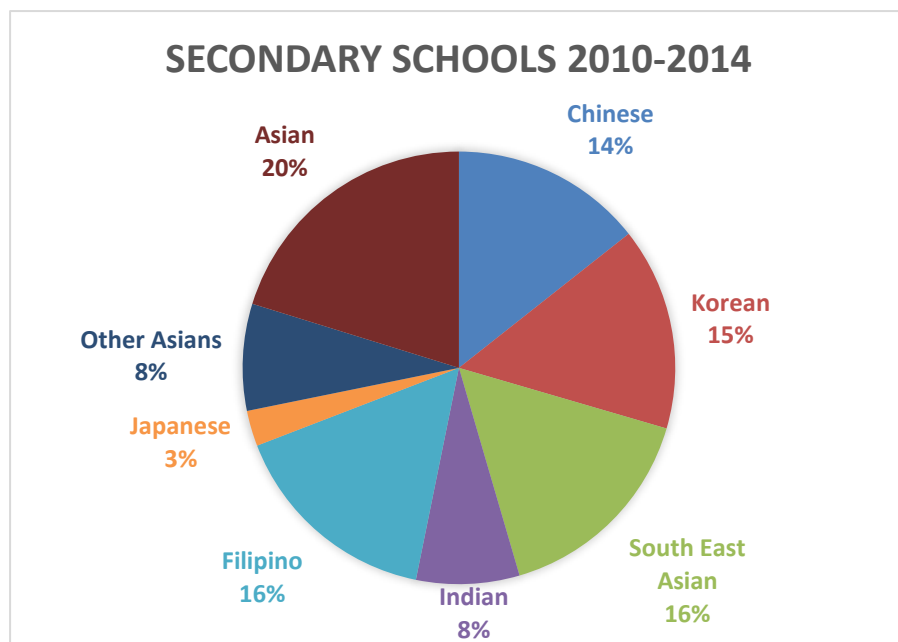
- No representation on the Japanese students from 2015 to 2020. It is assumed that schools either did not provide information on the population of the Japanese ethnicity, or the ERO had categorised them under “Other Asian”



The percentages may exceed 100% as people could identify themselves with than one ethnicity

The [Education Review Office](#) data above provides brief insights on the percentage of Asian community and changes across Asian community groups in Intermediate Schools in the North Harbour region.

- Unfortunately the ERO reports did not offer sufficient data on most Intermediate Schools after 2018, hence the insights above are limited to 2010 to 2018.
- The 2015-2018 chart displays a significant “increase” in the “Asian” category as some schools have generally classified different Asian ethnicities as “Asian” in 2015-2018, while schools had categorised the Asian ethnicities separately from 2010-2013. Unfortunately with that in mind, here are no clear insights on the population changes in Asian ethnicities in Intermediate Schools.



The percentages may exceed 100% as people could identify themselves with than one ethnicity

The [Education Review Office](#) data above provides brief insights on the percentage of Asian community and changes across Asian community groups in Secondary Schools in the North Harbour region.

- Similar to the Intermediate Schools data, more Secondary Schools have identified their students of Asian descent(s) as “Asian” in 2015-2020, without establishing the specific cultural origin(s) of the students.
- There has been an enormous increase of 10% in the Chinese population in 2015-2020, on top of the 8% increase in the “Asian” category. This informs us that there has been a significant amount of intake of students of Chinese descent in recent years.

ASIAN DIVERSITY OF NORTH HARBOUR SCHOOLS BY ETHNIC GROUP

HIBISCUS AND BAYS LOCAL BOARD AREA

Hibiscus and Bays	Chinese	Korean	Filipino	Japanese	South East Asian	Other Asian	Indian	Total Asian	Listed as Asian
Browns Bay School	15%	3%	1%	1%			1%	21%	
Glamorgan School	7%							12%	5%
Kingsway School	6%	5%						11%	
Long Bay College	4%					4%		8%	
Long Bay School	12%					3%		15%	
Mairangi Bay School	14%	3%			2%	2%		21%	
Murrays Bay Intermediate	14%				1%		1%	16%	
Murrays Bay School	24%	6%				2%	2%	34%	
Northcross Intermediate	3%	6%		1%	3%			13%	
Orewa College								4%	4%
Sherwood School	28%	7%						35%	
St John's School	4%	4%	3%		5%		2%	18%	
Torbay School								11%	11%

Wentworth College								3%	3%
Whangaparaoa College								4%	4%

UPPER HARBOUR LOCAL BOARD AREA

Upper Harbour	Chinese	Korean	Filipino	Japanese	South East Asian	Other Asian	Indian	Total Asian	Listed as Asian
Albany Junior High	9%				5%	8%	4%	26%	
Albany School	11%	6%				2%	6%	25%	
Albany Senior High	10%	7%						17%	
Greenhithe School	5%					7%		12%	
Hobsonville Point Primary School	17%				5%	3%	5%	30%	
Hobsonville Point Secondary School								17%	17%
Kristin School	18%					3%		21%	
Oteha Valley School	26%	9%	3%				4%	42%	
Pinehill School	26%	14%	2%				4%	46%	

Pinehurst School	44%					7%		51%	
Rangitoto College	11%				2%	11%	1%	25%	
Upper Harbour Primary School	15%	7%			1%			23%	

RODNEY LOCAL BOARD AREA

Rodney	Chinese	Korean	Filipino	Japanese	South East Asian	Other Asian	Indian	Total Asian	Listed as Asian
Kaipara College								2%	2%

KAIPATIKI LOCAL BOARD AREA

Kaipatiki	Chinese	Korean	Filipino	Japanese	South East Asian	Other Asian	Indian	Total Asian	Listed as Asian
Bayview School	3%		4%			5%	4%	16%	
Beach Haven School								5%	5%
Birkdale North School								6%	6%

Birkdale Primary School								16%	16%
Birkenhead College	4%				7%			11%	
Birkenhead School								17%	17%
Chelsea School	18%	2%		2%			4%	26%	
Glenfield College	3%				17%			20%	
Glenfield Intermediate	4%		17%					21%	
Glenfield Primary School	4%		23%			10%	12%	49%	
Hato Petera College								0%	
Kauri Park School							2%	7%	5%
Manuka Primary School	6%		7%				10%	23%	
Marlborough School	14%	4%	12%			2%	9%	41%	
Northcote College	4%				4%	5%	2%	15%	
Northcote Intermediate	3%	4%					3%	10%	
Northcote School								15%	15%

Onepoto School								0%	
St Mary's School	2%	2%	14%				4%	22%	
Sunnybrae Normal	20%	9%				6%	5%	40%	
Target Road School								42%	42%
Verran Primary School								0%	0%
Willow Park School	13%	4%					3%	20%	
Windy Ridge School	11%		2%	3%		4%	3%	23%	

DEVONPORT-TAKAPUNA LOCAL BOARD AREA

Devonport-Takapuna	Chinese	Korean	Filipino	Japanese	South East Asian	Other Asian	Indian	Total Asian	Listed as Asian
Bayswater School								6%	6%
Belmont Intermediate								13%	13%
Belmont School	2%				1%	3%		6%	
Campbells Bay School	16%	4%		1%			1%		
Carmel College			9%					9%	

Devonport School	2%							2%	
Forrest Hill School	23%	12%					4%	39%	
Hauraki School	21%							21%	
Milford School	15%	9%	1%			7%	5%	37%	
Rosmini College			7%		4%			11%	
St Joseph's Catholic School	5%	4%	21%				10%	40%	
St Leo's Catholic School								0%	
Stanley Bay School								4%	4%
Sunnynook School	17%				6%	9%	2%	34%	
Takapuna Grammar School	6%					4%	2%	12%	
Takapuna Normal Intermediate	19%	9%	2%	2%	3%		4%	39%	
Takapuna School	18%	6%	4%			3%	5%	36%	
Vauxhall School								0%	
Wairau Intermediate								46%	46%

Westlake Boys' High								39%	39%
Westlake Girls' High	16%	11%	5%				4%	36%	

NORTH HARBOUR ASIAN DEMOGRAPHICS



By Harbour Sport ActivAsian

All data sourced from 2018 Census and Stats NZ

89,601

Total number of Asian population

23.6% of the North Harbour* population are Asian

Out of the total population of 379,512 in the North Harbour region*, 89,601 people are of an Asian descent - 23.6% compared to the national average of 15.1%

*Data extracted from the 5 Local Boards Harbour Sport operates within (Kaipatiki, Upper Harbour, Devonport-Takapuna, Hibiscus and Bays and Rodney Local Boards)

3 biggest Asian ethnicities by population*

46,389

CHINESE

12,726

KOREAN

12,294

INDIAN

*Ethnic group (detailed total response - level 3) by age and sex, for the census usually resident population count, 2006, 2013, and 2018 Censuses (RC, TA, SA2, DMB)

AREAS WITH ~50% ASIAN POPULATION

FAIRVIEW HEIGHTS

56.4%

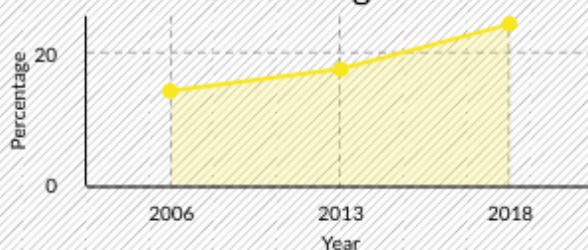
GLENFIELD EAST

59.2%

LONG BAY

49.5%

Asian Population Trend in North Harbour region



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