

## POSITION DESCRIPTION

|                     |   |
|---------------------|---|
| Role:               | NetballSmart Development Officer                          |
| Reports to:         | Community Netball Manager/ NetballSmart Programme Manager |
| Primary Location/s: | Auckland  |
| Employment Status:  | Full time 1.0 FTE   |

### Primary Purpose of the Position

In the past two years the NetballSmart (NS) strategy has developed extensively. Starting with the NetballSmart Dynamic warm up (NSDWU), NetballSmart has evolved into an extensive and comprehensive holistic Injury Prevention Programme (IPP). It is the healthy heart of Netball.

The NetballSmart Development Officer (NSDO) will lead the delivery of Netball New Zealand's NetballSmart Strategies in Netball Northern Zone with a focus on decreasing serious injuries in Netball participants through the provision of programmes and initiatives.

The NetballSmart Strategy has four key objectives:

1. **Decrease serious Injuries (Ankle and Knee) of all Netball players.**
2. **Increase Awareness/Engagement of NetballSmart Philosophies into Netball practices.**
3. **Improve Player Wellbeing and Welfare by educating players on holistic wellbeing and decreasing overall Netball injury rate.**
4. **Develop Physically Capable Competent Movers (PCCM) who can cope with the demands of the game.**

### Responsibilities and Measures

| Strategy  | Deliverables   |
|---|--|
| <b>Coordinate and deliver NetballSmart modules and workshops in your Zone.</b>                          | <ul style="list-style-type: none"> <li>• The extensive range of NetballSmart workshops and modules for coaches and players.</li> <li>• NNZ Coaching Framework Workshops and Modules.</li> <li>• UmpireSmart Workshops.</li> <li>• Work collaboratively with Coach Developers, Coach Leads to co-deliver Coaching and NetballSmart modules.</li> <li>• Promote NetballSmart online learning modules</li> </ul>                                      |
| <b>Develop relationship, co-ordinate delivery and NetballSmart initiatives at Centres.</b>              | <ul style="list-style-type: none"> <li>• Visit Centres (as allocated) to discuss NetballSmart strategies and how they support Netball at the Centre.</li> <li>• Discuss Centre Player Development programmes and how NetballSmart can support.</li> <li>• Support Netball Centres with NetballSmart Signage, posters and resources.</li> </ul>   |
| <b>Co-ordinate the Secondary School NetballSmart Ignitor Programme (NSSSI)</b>                          | <ul style="list-style-type: none"> <li>• Develop a strong relationship with Secondary Schools.</li> <li>• Support the NSSSI programme in Secondary Schools to deliver NSDWU and Prep and Play and where appropriate Year 9 &amp; 10 Starter Programme.</li> <li>• Support NetballSmart Centre Developers to ignite the NSSSI programme in Satellite areas.</li> <li>• Connect with Ignitors and determine engagement to report against.</li> </ul> |
| <b>Provide identified Intermediate Schools with NetballSmart education</b>                              | <ul style="list-style-type: none"> <li>• Deliver NetballSmart Intermediate Schools programme for players, coaches and teachers predominantly targeted towards the NetballSmart Neuromuscular warm-up.</li> <li>• Deliver AIMS Games or KORU Games Workshops where appropriate.</li> </ul>  |
| <b>NetballSmart Recreational Product – Prep and Play, Preparation to Play, Fast Five Youth Strategy</b> | <ul style="list-style-type: none"> <li>• Pilot and implement a NetballSmart recreational product in specified Centres.</li> <li>• Upskill NetballSmart Centre Developers re Prep and Play/Recreational Product</li> <li>• Link in with Centres running Fast Five Youth project and support with NS deliverables (Warm up, structure of competition).</li> </ul>  |

|  |  |
|--|--|
| <b>NetballSmart Hauora Maori Engagement Project</b>            | <ul style="list-style-type: none"> <li>• Upskill on and understand NetballSmart Hauora.</li> <li>• Engage and connect with Secondary Schools/Clubs/Marae/Iwi/Hapu to deliver NetballSmart Hauora.</li> </ul>   |
| <b>Leadership and support of NS deliverers across the Zone</b> | <ul style="list-style-type: none"> <li>• <b>Mentor and lead the NetballSmart Centre Activators (NSCA) in Zone</b> as allocated</li> <li>• Upskill on all elements of NetballSmart that is relevant to NSCA roles. <ul style="list-style-type: none"> <li>○ Develop KPI's</li> <li>○ Facilitate and support NSCA to achieve their KPI's.</li> </ul> </li> <li>• Lead a Zone NetballSmart training session for the Zone Coach Developers.</li> <li>• Train NetballSmart Independent Facilitators and coordinate delivery of NetballSmart modules</li> </ul>  |
| <b>Individual NetballSmart Projects</b>                        | <ul style="list-style-type: none"> <li>• Develop NS collateral in consultation with NetballSmart Programme Manager.</li> <li>• Online learning module development, design, and promotion.</li> </ul>   |
| <b>NetballSmart Events</b>                                     | <ul style="list-style-type: none"> <li>• Proactively determine Zone events where NetballSmart can be showcased.</li> <li>• Attend identified events to promote and market the NetballSmart programme. <ul style="list-style-type: none"> <li>○ Including but not limited to: <ul style="list-style-type: none"> <li>• NNZ Age Group events</li> <li>• Silver Fern Tests</li> <li>• Anchor AIMS games/Koru Games</li> <li>• Secondary School Tournaments</li> <li>• Conferences</li> </ul> </li> </ul> </li> <li>• Deliver mass NetballSmart Neuromuscular Warm-ups in identified centres in Zone.</li> <li>• Pop up Clinics at Centres - "Coaching in the Moment"</li> </ul> |
| <b>NetballSmart Marketing</b>                                  | <ul style="list-style-type: none"> <li>• Ensure NetballSmart is promoted widely across Zone channels.</li> <li>• Ensure Centres posters/signage evident.</li> </ul>  |
| <b>Qualitative Analysis</b>                                    | <ul style="list-style-type: none"> <li>• Establish a focus group to discuss the implementation and success of the NetballSmart programme.</li> <li>• Minimum of one Annual Focus group in each zone. <ul style="list-style-type: none"> <li>○ Support NSCA to run mini focus group in Centre(s)</li> </ul> </li> </ul>   |
| <b>Data Collection and Reporting</b>                           | <ul style="list-style-type: none"> <li>• Ensure participant registrations are completed at all modules.</li> <li>• Ensure numbers of participants are collected at all NetballSmart events.</li> <li>• Maintain a database of participants in Teams and update monthly.</li> <li>• Complete all reporting as required.</li> </ul>  |
| <b>Professional Development</b>                                | <ul style="list-style-type: none"> <li>• Develop PD plan with NSPM</li> <li>• Attend NetballSmart training days.</li> </ul>  |

#### Time Commitments

Given the demands of this role, and the nature of working sport, work outside standard working hours may be required in the evening and weekends.

| Key Relationships                      |                                       |
|--|---------------------------------------|
| Internal                               | External                              |
| Zone CEO                               | NNZ NetballSmart Consultant           |
| Zone Community Netball Manager         | NNZ NetballSmart Programme Manager    |
| Zone Centre Relationship Manager       | NNZ NetballSmart Development Manager  |
| Zone Netball Smart Development Officer | Other NSDOs                           |
| All Zone Staff                         | NNZ Head of Community Netball         |
|  | NNZ Community Staff                   |
|  | Secondary Schools                     |
|  | Intermediate Schools                  |
|  | Netball Centres                       |
|  | NetballSmart Centre Activators (NSCA) |
|  | Netball Clubs                         |

| Core Competencies, Skills & Qualifications/Experience |   |
|---|---|
| Competency  | Descriptors   |
| <b>Specialist Knowledge &amp; Experience</b>          | <ul style="list-style-type: none"> <li>• Knowledge and experience in Physiotherapy, Sport Science and/or Strength and Conditioning.</li> <li>• Netball knowledge.</li> <li>• Knowledge of injury prevention strategies in sport.</li> <li>• Proven experience in delivering workshops/modules.</li> <li>• Sound knowledge of best practice administration processes and strong system skills.</li> </ul>                                      |
| <b>Leadership</b>                                     | <ul style="list-style-type: none"> <li>• Strong interpersonal skills that generate mutual respect and trust.</li> <li>• Comfortable giving and receiving feedback.</li> <li>• Skilled at prioritising and multi-tasking.</li> </ul>   |
| <b>Managing &amp; Motivating People</b>               | <ul style="list-style-type: none"> <li>• Communicates clearly and professionally.</li> <li>• Is highly motivated and professional.</li> </ul>   |
| <b>Communication &amp; Interpersonal Skills</b>       | <ul style="list-style-type: none"> <li>• Exceptional communication skills.</li> <li>• Communicates openly and honestly.</li> <li>• Establishes and maintains rapport and effective relationships, based on mutual respect, with all stakeholders.</li> <li>• Is dedicated, highly motivated, enthusiastic, and considerate.</li> <li>• Maintains professionalism and understanding stakeholders.</li> <li>• Able to meet deadline.</li> </ul> |