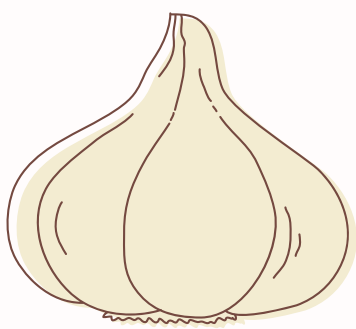




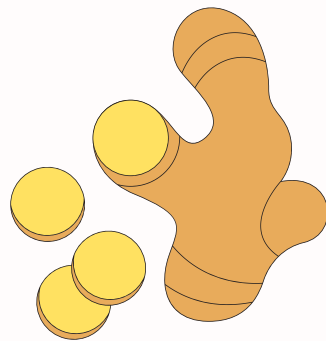
# HEALTHY FLAVOURS YOU CAN ADD TO COOKING!



**GARLIC**



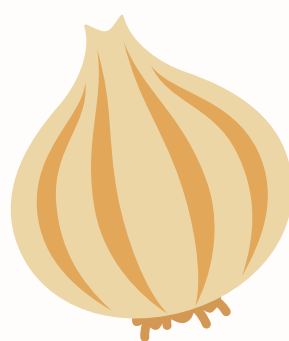
**GINGER**



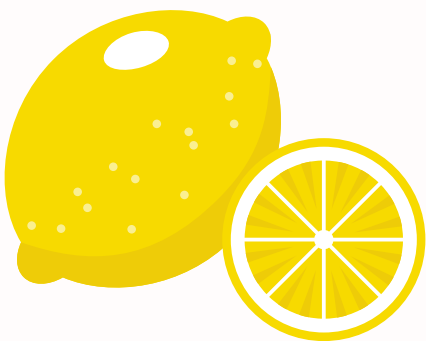
**CHILLI**



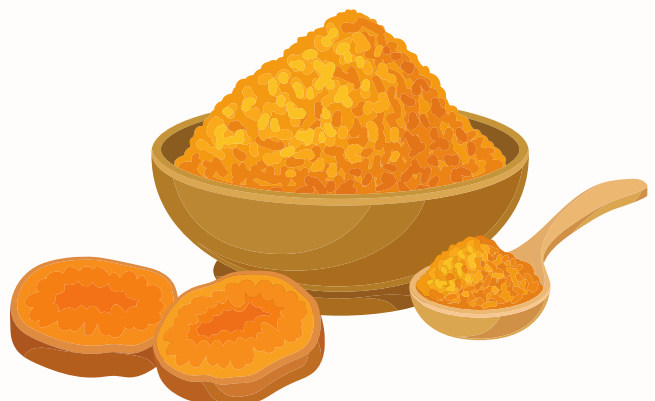
**ONION**



**LEMON**



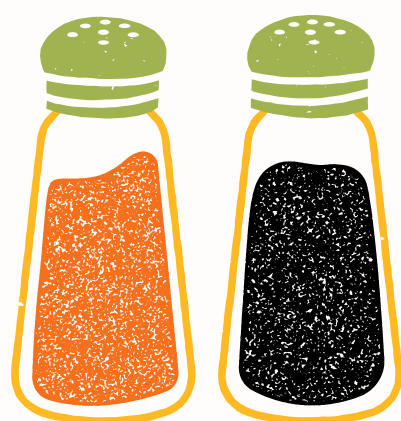
**TUMERIC**



**HERBS**



**SPICES**



**BALSAMIC VINEGAR**



**LIME**

