



Term 1 2024

BIKEREADY



BikeReady



To increase cycling skills, control and confidence in students

ST JOHN'S MAIRANGI BAY

100

PARTICIPANTS

3

CLASSES

2

DAYS

6

NEW-RIDERS RIDING*

"I learnt the helmet and bike check, ABCD-Q, A for air, B for brakes, C for controls, D for drop test and Q stands for Quick release."

- Mark

"I learnt to not wear a hat under a helmet when riding"

- Wonai

"I learnt about the 4L's; levers, lean, look, leg over to get on the bike and it was so fun"

- Bo

After participating in the BikeReady sessions, the students confidence increased by 21%

21%



For enquiries please contact kellyc@harboursport.co.nz