



BikeReady



To increase cycling skills, control and confidence in students

ROYAL ROAD SCHOOL



"I learnt that you have to put two fingers on your forehead, one under your chin trap and then two in a Y shape under your ear. I enjoyed playing red light green light and the other games"
- Felicity

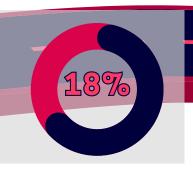
Y

"I learnt the 4L's, ABCD-Q bike check, and what to do when riding on the road" - Beullah

"I learnt that the 4L's are leavers, lean, leg and then look"

- Diannne

After participating in the BikeReady sessions, the students confidence increased by 18%





For enquiries please contact kellyc@harboursport.co.nz