



Term 1 2025

# BIKEREADY



To increase cycling skills, control and confidence in students

## FORREST HILL SCHOOL

**78**

**PARTICIPANTS**

**3**

**CLASSES**

**2**

**DAYS**

**6**

**NEW-RIDERS RIDING\***

"Great reinforcement of road rules. Catered for all levels and adapted groups accordingly"

- Amanda (Teacher)

"I learnt safety skills like signalling and now I feel more confident cycling"

- Jacob (student)

"I learnt how to get into pedal ready position, the games were so fun!"

- Emmie (student)

After participating in the BikeReady sessions, the students confidence increased by 24%

**24%**



For enquiries please contact [kellyc@harboursport.co.nz](mailto:kellyc@harboursport.co.nz)

Check out the Harbour Sport website for more info on the Cycling Programme